



# The Torch Newsletter

March 2019, Issue 5

## Words of Inspiration from Ms. Renta:

*Founding School Counselor*

Dear Families,

### *Washing Away Testing Worries*

This coming week students will be taking the English Language Arts (ELA) State Exam on Tuesday, April 2<sup>nd</sup> and Wednesday April 3<sup>rd</sup>, 2019. Please help your child prepare by making sure they get a good night's sleep and arrive on time to school. Special breakfast will be provided to students on both test days. Staying calm will help your child stay calm. If he/she gets nervous about tests or is likely to experience anxiety during test, practice positive affirmations and/or practice relaxation techniques in advance, so they can implement these brain breaks during testing. Some techniques include: slow deep breathing (with a closed mouth, inhale slowly for 4 seconds through the nose. Hold for 2 seconds and then slowly exhale through the mouth. Wait 2 seconds and then repeat 3 times or until he/she feels relaxed); or muscle relaxation (tensing and then relaxing different muscles in the body, including shoulders and feet).

For general information and frequently asked questions regarding NYS Exams, visit <http://www.p12.nysed.gov/assessment/ei/parent-resources-19.html>

With Love,

Ms. Renta

*Founding Students, Emma & Isabella washing away their test worries!!*



## Upcoming Events

### **ENGLISH LANGUAGE ARTS EXAM**

**\*\* • 4/2/19 TUESDAY – 1PM DISMISSAL**  
**\*\* • 4/3/19 WEDNESDAY – 1PM DISMISSAL**

**•4/5/19 Friday – Scholar Dollar Auction #2**

**•4/19/19 Friday – Spring Break/No School \*\*We added this day to the break so we are now aligned with the DOE calendar\*\***

**•4/22/19 Monday – Spring Break/No School**

**•4/23/19 Tuesday – Spring Break/No School**

**•4/24/19 Wednesday – Spring Break/No School**

**•4/25/19 Thursday – Spring Break/No School**

**•4/26/19 Friday – Spring Break/No School**

**•4/29/19 Monday – SCHOOL RESUME! Students return from vacation today! Summary: NEW Spring Break is from 4/19-4/26.**



**Our Mission:** Through rigorous curriculum and high-quality instruction, provided within an invested and ambitious school community, **Emblaze Academy Charter School** prepares all students in grades five through eight to thrive in high school and graduate from the college of their choice.

## **Emblaze Academy is fired up for first ELA State Exam together!**

### **Here are some Flaming Tips:**



Students should get 9-10 hours of sleep before the test



Students should eat a healthy breakfast (We will provide NYCDOE breakfast and a granola bar for students that want to eat breakfast at school)



Students need to arrive to school on time (if possible, early) for the test!



Your students have worked so, so hard leading up to the test -- let's reinforce positivity and calmness! They can and will do wonderfully! Students will receive 2 positive notes (1 for each day of the ELA test) from teachers and staff on the morning of each testing session.



Please contact Ms. Rojas if you have any concerns about attendance or punctuality on the day of the test

## **Important Information for the 2019/2020 School year!**

We are moving to our forever home at 1164 Garrison Avenue; Bronx, NY 10474.

### **Building Layout:**

- Brand new building (never been occupied)
- Construction is happening right now to make sure everything is built out just right for your students
- 4 floors and a cellar
- Elevators
- Students will have access to their own exclusive use of outdoor space for play
- Large classrooms and cafeteria
- Large multipurpose room for dance and physical education
- 2 Science labs
- Additional rooms for small group instruction
- Boys & Girls bathrooms on every floor

We will offer metro cards through the Office of Pupil Transportation. There will be no GE yellow bus service for the 2019-2020 school year because the 6 train is easily accessible at our new site.

If your student has mandated transportation on their Individualized Education Plan, they will continue to receive bus services for the new school year.

\*If you have any questions, please contact Ms. Rojas.